### Patient Information

**Patient Name:**

**Physician Name:**

**Physician TEL #:**

**Telephone:**

**Clinical Information:**

### Available Services

**PET/CT 6th Floor**
- CREAT/GFR TEST AT NYMI - EMERGENCY
- BRAIN PET/CT
- DIAGNOSTIC CT

**ULTRASOUND 5th Floor**
- ABDOMEN
- PELVIS (TRANSABDOMINAL)
- TRANSGASTRICAL
- TRANSGASTRICAL (before 12 weeks gestation)
- OBSTETRIC (LEVEL II) ANATOMY
- OBSTETRIC BIOPHYSICAL PROFILE
- BREAST (4th Floor)
- SONOHYSTEROGRAM
- THYROID
- THYROID FNA BIOPSY
- RAPI
- SCROTUM
- BLADDER
- AORTA SCREENING
- EXTREMEITY NON-VASCULAR
- DUBLER
- VENOUS EXTREMITY (UPPER) R OR L
- VENOUS EXTREMITY (LOWER) R OR L
- HEPATIC VESSELS
- OTHER

**X-RAY 5th Floor**
- CHEST
- AP PA LAT
- HEAD SKULL SINUS ORBITS
- FACIAL BONES (NASAL BONES MANDIBLE)
- RIBS
- ABD PLAT DRECT OBS MARKER STUDY
- THORACIC STANDING
- CERVICAL SP 2 VIEWS OR LATERAL CERVICAL SP 2 VIEWS OR LATERAL CERVICAL SP 2 VIEWS OR LATERAL CERVICAL SP 2 VIEWS OR LATERAL R L B
- CLAVICLE
- SCAPULA
- SHOULDER
- HUMERUS
- ELBOW
- WRIST
- HAND
- HIP
- FEMUR
- KNEE
- ANkle
- TOE
- SCOLIOSIS SERIES
- OTHER

**FLUOROSCOPY 5th Floor**
- CINE ESOPHAGRAM
- ESOPHAGRAM
- UPPER GI SERIES
- GI SERIES SMALL BOWEL
- GI SERIES ESOPHGRAM
- SMALL BOWEL SERIES
- DOUBLE CONTRAST BARIUM ENEMA
- HYSTEROSALPINGOGRAM
- RISTULOGRAM
- POUCHOGRAM
- GATHER PATENCY STUDY
- OTHER

**MRI 6th Floor**
- CREAT/GFR TEST AT NYMI - EMERGENCY
- BRAIN
- ORBITS
- IAC
- FACIAL
- NECK
- TMJ
- PITUARY
- CERVICAL SPINE
- THORACIC SPINE
- LUMBAR SPINE
- SPINE SURVEY
- MRI CARDIAC
- CHEST CARDIAC ANATOMY FUNCTION
- ABDOMEN
- MRCP (BILIARY)
- PELVIS
- MRI BREAST R L B
- SHOULD OR R L B
- SHOULD OR ARTHROGRAM
- HIP ARTHROGRAM
- ENTEROGRAPHY
- ARM/HUMERUS
- RADIUS/ULNA
- ELBOW R L B
- WRIST R L B
- HAND R L B
- HIP R L B
- FEMUR R L B
- KNEE R L B
- ANkle R L B
- TOE R L B
- MRI PROSTATE
- MRI ARTHROGRAM DIRECT INDIRECT
- MRI UROGRAM
- MRI DEHNGIOGRAPHY
- TOTAL BODY (STIR)
- OTHER

**MR ANGIOGRAPHY 6th Floor**
- HEAD/BRAIN ANGIO
- NECK ANGIO
- CHEST ANGIO
- CARDIOT VEKETRAL ANGIO
- PELVIS ANGIO
- ABDOMEN ANGIO
- LOWER EXTREMITY ANGIO
- MR VENOGRAPH

**MAMMO/BREAST IMAGING 4th Floor**
- BRING PRIOR FILMS IF AVAILABLE
- SCREENING - MAMMOGRAPHY
- 3D TOMOSYNTHESIS
- DIAGNOSTIC - MAMMOGRAPHY
- BILATERAL UNILATERAL R L
- BREAST SONOGRAPHY
- BILATERAL UNILATERAL R L
- BREAST BIOPSY R L
- FNA CORE MR
- STEREOTACTIC CORE BIOPSY
- MRI BREASTS (6th Floor)
- WITH CONTRAST

**DENSITOMETRY 4th Floor**
- DEXA

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*IF PATIENT HAS AN ALLERGIC OR ASTHMATIC HISTORY OR IS DISABLED, PLEASE CALL (212) 535-9770 FOR INFORMATION.*

165 EAST 84TH STREET, NEW YORK, NY 10028 - TEL: 212-535-9770 | FAX 212-988-1520

WWW.NYMIASSOCIATES.COM
BARIUM ENEMA
Liquid Diet the entire day before the examination. You may have coffee, tea, clear soup, juices, Jello, ginger ale, Coca Cola, Slim Fast, Ensure or soft boiled eggs. Drink at least 6-8 glasses of water. No solid foods. At 6:00 PM the day before the examination, drink a 10 oz. bottle of Citrate of Magnesia. Take 3 tablets of Dulcolax at 9:00 PM the night before the examination. Take one tap water or fleet enema the night before the examination. Have a light breakfast consisting of coffee and orange juice and toast on the morning of the examination.

GASTROINTESTINAL SERIES
Have a light dinner before 9:00 PM before the examination. Have nothing to eat, drink or smoke for 8 hours prior to the examination.

SMALL BOWEL SERIES
Same as Gastrointestinal Series

CT SCAN
For any CT examination with contrast of the neck, chest, abdomen, or pelvis have nothing to eat or drink for 3 hours before the test.

PELVIC ULTRASOUND
Normal food intake. Drink 4 glasses of water prior to the examination. Urinate at will.

RENAL ULTRASOUND
Nothing to eat 3 hours prior to the examination.

BLADDER
Drink 4-5 glasses of 8 oz. of water to 60 to 90 minutes before examination. Do not urinate for 30 minutes prior to study.

ABDOMINAL ULTRASOUND
No solid food for 8 hours prior to the examination. No fatty food for 12 hours prior to exam.

MAMMOGRAPHY
Do not use powder, deodorant, lotion or perfume on the day of the examination.

PET/CT
Avoid strenuous activities on the day before the PET examination. Excessive muscular activity may interfere with interpretation of the scan. Patients need to fast after midnight or at least 6 hours prior to their examination with the exception of water and should be well hydrated. Eat a high-protein, low-carb dinner the night before. If you are a diabetic, please bring your medication and a light snack with you. Make sure that our staff is aware of your condition ahead of time as insulin intake may need to be modified. Please be prepared to stay with us for approximately 3-4 hours.

BONE DENSITOMETRY (DEXA)
Patients should not have had a Barium Study or a Nuclear Scan within 2 days of a bone density examination.

MRI
There are no dietary restrictions prior to your MRI examination. Head/Neck MRO: do not wear any eye makeup. Please call our office before your appointment if any of the following apply: Pacemaker, Surgical Vascular Clips, Neurostimulators, Cochlear Implants, Vascular Filters and Stents, Breast Tissue Expander, Penile Implants, Claustrophobic or Silver Backed Dermal Patches. Music is available during the examination. Please feel free to bring a CD.

DIRECTIONS TO OFFICE
Our main office at 165 East 84th Street is located between Lexington Avenue and Third Avenue

TO REACH OUR OFFICE BY NEW YORK CITY BUS:
CROSSTOWN BUSES AT 79TH STREET AND 86TH STREET
UPTOWN BUSES ON MADISON AVENUE AND THIRD AVENUE
DOWNTOWN BUSES ON FIFTH AVENUE AND LEXINGTON AVENUE

TO REACH OUR OFFICE BY NEW YORK CITY SUBWAY:
LEXINGTON AVENUE EXPRESS (#4, #5) 86TH STREET STOP
LEXINGTON AVENUE LOCAL (#4, #5) 86TH STREET STOP

Parking meters and garages are available nearby, as well as on the street parking.